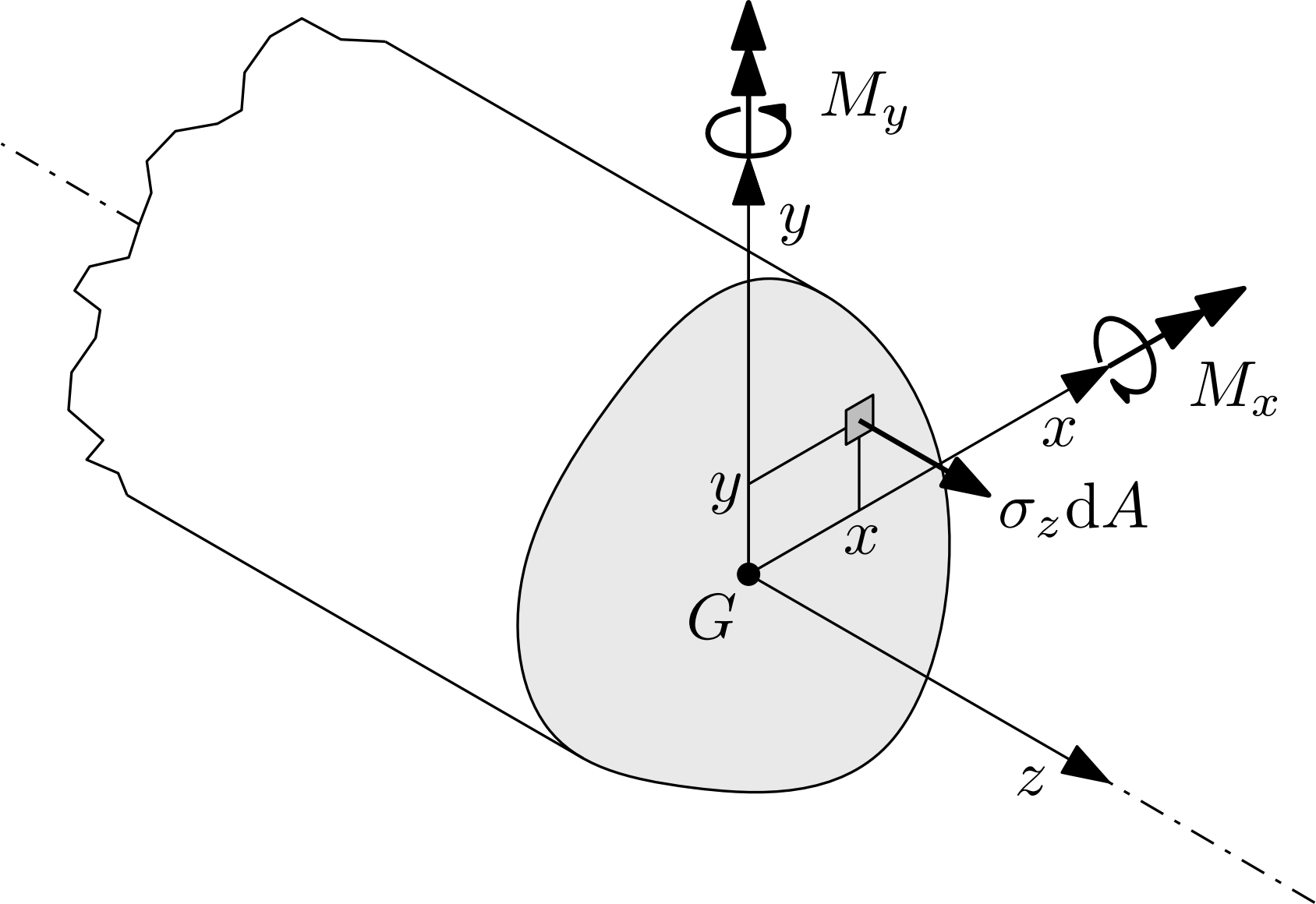
M_y
y
M_x
x
y
$\sigma_z \mathrm{d}A$
x
G
z